



Monday	Tuesday	Wednesday	Thursday	Friday
	10:00am Gentle Exercise with Interfaith 1 12:00pm Woodlands Senior Bridge	9:30am Crafts with Interfaith 2 10:00am Line Dancing 12:00pm Wed. Mahjong 12:00pm Joy Movement 12:30pm Hand & Foot Canasta 7:00pm The Woodlands Stars	8:00am Woodlands Tai Chi (FULL) 3 9:30am 42 Dominoes 12:00pm Samba Cards	9:00am Scrapbooking with Barbette 4 9:00am Beginners Chess 12:00pm Pinochle 12:00pm Woodlands Duplicate Bridge
7 CLOSED	9:00am English/Spanish Class 8 10:00am Gentle Exercise with Interfaith 12:00pm Woodlands Senior Bridge	9:30am Crafts with Interfaith 9 10:00am Line Dancing 12:00pm Wed. Mahjong 12:00pm Joy Movement 12:30pm Hand & Foot Canasta 7:00pm The Woodlands Stars	10 8:00am Woodlands Tai Chi (FULL) 9:30am 42 Dominoes 12:00pm Samba Cards	11 9:00am Scrapbooking with Barbette 9:00am Beginners Chess 12:00pm Pinochle 12:00pm Woodlands Duplicate Bridge
14 9:00am Crochet Friends 10:00am Bingo with Interfaith 12:30pm Best Bridge Group Ever	15 9:00am English/Spanish Class 10:00am Gentle Exercise with Interfaith 12:00pm Woodlands Senior Bridge	16 9:30am Crafts with Interfaith 10:00am Line Dancing 12:00pm Wed. Mahjong 12:00pm Joy Movement 12:30pm Hand & Foot Canasta 7:00pm The Woodlands Stars	17 8:00am Woodlands Tai Chi (FULL) 9:30am 42 Dominoes 12:00pm Samba Cards	18 9:00am Scrapbooking with Barbette 9:00am Beginners Chess 10:00am Presentation with Interfaith "Be F.A.S.T. To Prevent STROKE" by Texas A&M AgriLife Extension 12:00pm Pinochle 12:00pm Woodlands Duplicate Bridge
21 9:00am Crochet Friends 10:00am Bingo with Interfaith 12:30pm Best Bridge Group Ever	22 9:00am English/Spanish Class 10:00am Gentle Exercise with Interfaith 12:00pm Woodlands Senior Bridge	23 9:30am Crafts with Interfaith 10:00am Line Dancing 12:00pm Wed Mahjong 12:00pm Joy Movement 12:30pm Hand & Foot Canasta 7:00pm The Woodlands Stars	24 8:00am Woodlands Tai Chi (FULL) 9:30am 42 Dominoes 12:00pm Samba Cards	25 9:00am Scrapbooking with Barbette 9:00am Beginners Chess 12:00pm Pinochle 12:00pm Woodlands Duplicate Bridge
28 9:00am Crochet Friends 10:00am Bingo with Interfaith 12:30pm Best Bridge Group Ever	29 10:00am Gentle Exercise with Interfaith 12:00pm Woodlands Senior Bridge 6:00pm Senior Dance with Interfaith "Texas Ramblers Band"	30 9:30am Crafts with Interfaith 10:00am Line Dancing 12:00pm Wed Mahjong 12:00pm Joy Movement 12:30pm Hand & Foot Canasta 7:00pm The Woodlands Stars		

Important Notes

Lunch is prepared by Meals on Wheels for those aged 60+ who reside in Montgomery County and is served promptly at 11:30am. **Please arrive no later than 11:20am to sign in.**

For more information regarding Interfaith Senior Activities, please contact Deisy Isaza at (281) 367-1230.

For more information regarding the center Activities, please call at (281) 363-9410.