

# Congregate Meal Monthly Menu

## May 2025



Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>Taco Salad</b> Tortilla Strips Key Lime Bars	2 <b>Southwestern Scramble</b> Peas & Carrots Oatmeal Bars
5 <b>B.L.T. Sandwich</b> Potato Soup Mixed Vegetables	6 <b>Cottage Pie</b> Green Beans Congo Square	7 <b>Chicken Picatta</b> Buttered Noodles Carrots, Peas & Corn	8 <b>Italian Pasta Salad</b> Coleslaw Fresh Fruit	9 <b>Chimichurri Chicken</b> Cheesy Shells Peach Cobbler
12 <b>Chili Dogs</b> Wedge Fries Squash	13 <b>Savory Sausage &amp; Grits</b> Peas & Carrots Oatmeal Bars	14 <b>White Lasagna</b> Stewed Tomatoes Fruit Compote	15 <b>Sesame Chicken Salad</b> Broccoli Salad Key Lime Bars	16 <b>Beefy Mac &amp; Cheese</b> Green Beans Brownies
19 <b>Meatball Hoagie</b> Broccoli Cheddar Soup Squash Casserole	20 <b>Salisbury Steak with Mushroom Gravy</b> Mashed Potatoes Green Beans	21 <b>Chicken Broccoli Rice Casserole</b> Carrots Fruit Compote	22 <b>Tuna Salad Sandwich</b> Potato Salad Brownie	23 <b>Asian Chicken Thighs</b> Creamy Polenta Oriental Vegetables
26 <b>MOW Closed in Observation of Memorial Day</b>	27 <b>Spaghetti Bolognese</b> Italian Vegetables Congo Square	28 <b>Honey Soy Meatballs</b> Polenta Peas & Carrots	29 <b>Summer Salad</b> Granola Jello	30 <b>Biscuits &amp; Sausage Gravy</b> Okra & Tomatoes Oatmeal Bars

### IMPORTANT

Menu items are subject to change. Lunch is prepared by Meals on Wheels for those aged 60+ who reside in Montgomery County and is served promptly at 11:30am by Interfaith Staff. **CLIENTS MUST SIGN IN BETWEEN 11:00AM AND 11:15AM.**