

## SPONSORS

CarePartners  
Caring Senior Service  
Christ Church Methodist  
Heart to Heart Hospice  
Interfaith of The Woodlands  
SarahCare Adult Day Care  
Senior Resource Guide  
The Auberge The Woodlands  
The Heritage Memory Care

## EXHIBITORS

A Caring Touch Home Health & Hospice  
Aging in Place The Woodlands  
Always Best Care Senior Services  
Alzheimer's Association  
Assisted Living Locators of Houston  
At Your Side Home Care  
Avatar Home Health Agency  
BBB Senior Medicare Patrol  
Blue Moon Estate Sales  
Canopy Cancer Survivorship Center  
CapTel- Captioned Telephone  
Conservatory at Alden Bridge  
Devotion Hospice  
Field of Vision, LLC  
Houston Area Parkinson Society  
Houston-Galveston Area Council  
Lone Star Legal Aid  
Maximus Star Plus Medicaid  
Merrill Lynch Wealth Management  
Mir Care Consultants  
Oasis Senior Advisors  
Reliant at Home  
Right at Home  
Seamless Senior Transitions  
Senior Care Scout  
Seniors Real Estate Specialists RE/MAX  
Signature Health Services  
Silverado Hospice  
The Landing at Woodlands Lakes  
Tri-County Behavioral Healthcare



4242 Interfaith Way  
The Woodlands, Texas 77381



**PRESENT**



**SPECIAL SESSION**

Ask the Experts: Elder Law Panel

Free skill-building and informative workshops  
for family members caring for a loved one.

**Saturday, November 2, 2024**  
**8:30 a.m. to 1:00 p.m.**

**Christ Church Methodist**  
6363 Research Forest Drive  
The Woodlands, Texas 77381

|  |                         |
|--|-------------------------|
| Registration   Continental Breakfast   Exhibits Open.....  | 8:30 a.m.               |
| Welcome   Missy Herndon, Interfaith of The Woodlands ..... | 9:00 a.m.               |
| Invocation .....   | 9:05 a.m.               |
| Introductory Presentation.....                             | 9:10 a.m.               |
| Session One Workshops.....                                 | 9:30 a.m. – 10:30 a.m.  |
| <i>Break</i>   |                         |
| Session Two Workshops.....                                 | 10:45 a.m. – 11:45 a.m. |
| <i>Break</i>   |                         |
| Ask the Experts: Elder Law Panel.....                      | 12:00 p.m. – 12:45 p.m. |

Arrive early to allow extra time to visit with our exhibitors!

Complimentary Respite Care Provided By Caring Senior Service for Senior Adults

## SESSION 1

- 1 **Nursing Home Medicaid and More** (*Learn about Medicaid options in the home and in nursing care*) by John B. Henry, Attorney at Law
- 2 **The Organized Caregiver** (*How to prepare for legal, medical, physical, social and financial decisions*) by Becky Villarreal LCSW, Devotion Hospice
- 3 **Every Caregiver Needs a Checklist** (*Learn about support, resources, options and next steps as your loved one transitions from care at home to a senior living environment*) by Donna Composto, Founder of Mom's Care Plan, Co-Founder of the Kingwood Memory Café & Certified Dementia Practitioner
- 4 **Resources for Aging in Place** (*Healthcare services available in the community and what to expect from them*) by Rick Casey, Caring Senior Service and Lisa Suarez, SarahCare Adult Day Centers
- 5 **Communicating Effectively** (*How dementia affects communication*) by The Alzheimer's Association - Houston & Southeast Texas Chapter
- 6 **Aging and Cognition: What Do We Know and How Can We Protect Brain Health** (*Optimizing brain health and living better longer*) by Mario F. Dulay, PhD, Neuropsychology service, Department of Neurosurgery, Houston Methodist Neurological Institute

## SESSION 2

- 7 **Probate, Legal Documents and Common Trusts** by Ruth Ann Toups, Attorney at Law
- 8 **Activities for Improving Quality of Life** (*In the home and beyond*) by Kelly Huntley, Lifestyle Director, Auberge The Woodlands
- 9 **Palliative Care Resources** (*Focusing on pain, comfort level and other disease interventions*) by Holly Amick, Senior Area Liaison, Reliant At Home
- 10 **Veteran's & Survivor's Benefits** (*Pensions, healthcare and benefits for veterans, spouse and survivors*) by Kathy Smith, Montgomery County Veterans Service Officer
- 11 **Communicating Effectively** (*How dementia affects communication*) by The Alzheimer's Association - Houston & Southeast Texas Chapter
- 12 **Understanding Medicare** (*Medicare benefit basics and information*) by Shakela Johnson, Benefits Counselor, Houston-Galveston Area Council

# How Do I Register?

Register **FREE** by **OCTOBER 29!**

Register online at

[woodlandsinterfaith.org](http://woodlandsinterfaith.org)

or mail this form to:

Interfaith of The Woodlands

4242 Interfaith Way, The Woodlands, Texas 77381

Name \_\_\_\_\_

Address \_\_\_\_\_

Day Phone \_\_\_\_\_

Email \_\_\_\_\_

Complimentary Respite Care for Seniors Adults requested for

Emergency Contact Phone Required \_\_\_\_\_

1<sup>st</sup> workshop selection for 9:30 a.m. (circle one)

1 2 3 4 5 6

2<sup>nd</sup> workshop selection for 10:45 a.m. (circle one)

8 9 10 11 12

**Special Session at 12:00 p.m.**

Ask the Experts: Elder Law Panel

**Will You Attend: Yes No**

*By registering for this event I consent to being photographed or videotaped during my participation and to the possible use of those photos in the media.*

**How did you hear about this workshop:**

**SAVE THE DATE**

Spring Caregivers Conference

**MAY 17, 2025**



**FOR MORE INFORMATION**

Call Raymona Lewis, Interfaith of The Woodlands,  
at 281-367-1230.

[woodlandsinterfaith.org](http://woodlandsinterfaith.org)