

SPONSORS

CarePartners

Caring Senior Service- Respite

Christ Church Methodist

Heart to Heart Hospice

Interfaith of The Woodlands

SarahCare Adult Day Care

Senior Resource Guide

The Auberge The Woodlands

The Heritage Memory Care

EXHIBITORS

A Caring Touch Home Health & Hospice

Aging in Place The Woodlands

Always Best Care Senior Services

Alzheimer's Association

Assisted Living Locators of Houston

At Your Side Home Care

Avatar Home Health Agency

BBB Senior Medicare Patrol

Blue Moon Estate Sales

Canopy Cancer Survivorship Center

Conservatory at Alden Bridge

Devotion Hospice

Field of Vision, LLC

Houston Area Parkinson Society

Houston-Galveston Area Council

Lone Star Legal Aid

Maximus Star Plus Medicaid

Merrill Lynch Wealth Management

Mir Care Consultants

Oasis Senior Advisors

Right at Home

Seamless Senior Transitions

Senior Care Scout

Seniors Real Estate Specialists RE/MAX

Signature Health Services

Silverado Hospice

The Landing at Woodlands Lakes

The Woodlands Township Neighborhood Services

Tri-County Behavioral Healthcare



4242 Interfaith Way
The Woodlands, Texas 77381



PRESENT

Spring 2024

Caregivers CONFERENCE

SPECIAL SESSION

Ask the Experts: Elder Law Panel

Free skill-building and informative workshops
for family members caring for a loved one.

Saturday, May 4, 2024
8:30 a.m. to 1:00 p.m.

Christ Church Methodist
6363 Research Forest Drive
The Woodlands, Texas 77381

Registration Continental Breakfast Exhibits Open.....	8:30 a.m.
Welcome Missy Herndon, Interfaith of The Woodlands	9:00 a.m.
Invocation	9:05 a.m.
Introductory Presentation.....	9:10 a.m.
Session One Workshops.....	9:30 a.m. - 10:30 a.m.
<i>Break</i>	
Session Two Workshops.....	10:45 a.m. - 11:45 a.m.
<i>Break</i>	
Ask the Experts: Elder Law Panel.....	12:00 p.m. - 12:45 p.m.

Arrive early to allow extra time to visit with our exhibitors!

Complimentary Respite Care Provided By Caring Senior Service for Senior Adults

How Do I Register?

Register **FREE** by APRIL 26!

Register online at

woodlandsinterfaith.org

or mail this form to:

Interfaith of The Woodlands

4242 Interfaith Way, The Woodlands, Texas 77381

Name _____

Address _____

Day Phone _____

Email _____

Complimentary Respite Care for Seniors Adults requested for _____

Emergency Contact Phone Required _____

1st workshop selection for 9:30 a.m. (circle one)

1 2 3 4 5 6

2nd workshop selection for 10:45 a.m. (circle one)

8 9 10 11 12

Special Session at 12:00 p.m.

Ask the Experts: Elder Law Panel

Will You Attend: Yes No

By registering for this event I consent to being photographed or videotaped during my participation and to the possible use of those photos in the media.

How did you hear about this workshop:

SESSION 1

- 1** **Nursing Home Medicaid and More** (*Learn about Medicaid options in the home and in nursing care*) by John Henry, Attorney at Law
- 2** **The Organized Caregiver** (*How to prepare for legal, medical, physical, social and financial decisions*) by Becky Villarreal LCSW, Devotion Hospice
- 3** **Every Caregiver Needs a Checklist** (*Learn about support, resources, options and next steps to look for as your loved one transitions from care at home to a senior living environment*) by Donna Composto, Founder of Mom's Care Plan, Co-Founder of the Kingwood Memory Café & Certified Dementia Practitioner
- 4** **Resources for Aging in Place** (*Healthcare services available in the community and what to expect from them*) by Rick Casey, Caring Senior Service and Lisa Suarez, SarahCare Adult Day Centers
- 5** **Effective Communication Strategies for Those with Dementia** (*Learn to decode verbal and behavioral messages and identify strategies to connect and communicate*) by The Alzheimer's Association - Houston & Southeast Texas Chapter
- 6** **Aging and Cognition: What Do We Know and How Can We Protect Brain Health** (*Optimizing brain health and living better longer*) by Mario F. Dulay, PhD, Neuropsychology service, Department of Neurosurgery, Houston Methodist Neurological Institute

SESSION 2

- 7** **Probate, Legal Documents & Common Trusts** by Ruth Ann Toups, Attorney at Law
- 8** **Activities for Improving Quality of Life** (*In the home and beyond*) by Kelly Huntley, Lifestyle Director, Auberge The Woodlands
- 9** **Palliative Care Resources** (*Focusing on pain, comfort level and other disease interventions*) by Dr. Hascovec, Hospice Medical Director, Silverado Hospice
- 10** **Veteran's & Survivor's Benefits** (*Pensions, healthcare and benefits for veterans, spouse and survivors*) by Kathy Smith, Montgomery County Veterans Service Officer
- 11** **Effective Communication Strategies for Those with Dementia** (*Learn to decode verbal and behavioral messages and identify strategies to connect and communicate*) by The Alzheimer's Association - Houston & Southeast Texas Chapter
- 12** **Understanding Medicare** (*Medicare benefit basics and information*) by Shakela Johnson, Benefits Counselor, Houston-Galveston Area Council

SAVE THE DATE

Fall Caregivers Conference

NOVEMBER 2, 2024



FOR MORE INFORMATION

Call Raymona Lewis, Interfaith of The Woodlands, at 281-367-1230.

woodlandsinterfaith.org