

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|--|---|
| 3<br>8:30am Dominoes<br>9:00am Adv. Spanish<br>10:30am Spanish<br>10:45am Beg. Spanish<br>10:00am Interfaith Bingo  | 4<br>8:15am Beg. Tai Chi<br>9:00am Tai Chi Int.<br>10:00am Tai Chi Adv.<br>10:00am Interfaith Variety Hr.<br>10:00am French<br>10:00am Line Dancing<br>12:00pm Duplicate Bridge | 5<br>8:00am Party Bridge<br>9:00am Dominos<br>9:30am German<br>9:30am Interfaith Crafts<br>9:45am Line Dancing<br>12:30pm Hand & Foot Canasta | 6<br>8:30am Book Club Yoga<br>9:00am Tai Chi Adv.<br>9:00am Energy Yoga<br>10:00am Interfaith Bingo  | 7<br>8:00am Party Bridge<br>12:00pm Pinochle                              |
| 10<br>8:30am Dominoes<br>9:00am Adv. Spanish<br>10:30am Spanish<br>10:45am Beg. Spanish<br>10:00am Interfaith Bingo | 11<br>9:00am Tai Chi Int.<br>9:30am Pancake Breakfast<br>10:00am Tai Chi Adv.<br>10:00am French<br>10:00am Line Dancing   | 12<br>8:00am Party Bridge<br>9:00am Dominos<br>9:30am German<br>9:30am Interfaith Crafts<br>9:45am Line Dancing<br>12:30pm Hand & Foot        | 13<br>8:30am Book Club Yoga<br>9:00am Tai Chi Adv.<br>9:00am Energy Yoga<br>10:00am Interfaith Bingo | 14<br>8:00am Party Bridge<br>10:00am Community Quilts<br>12:00pm Pinochle |
| 17<br>8:30am Dominoes<br>9:00am Adv. Spanish<br>10:30am Spanish<br>10:45am Beg. Spanish<br>10:00am Interfaith Bingo | 18<br>9:00am Tai Chi Int.<br>10:00am Tai Chi Adv.<br>10:00am Interfaith Variety Hr.<br>10:00am French<br>10:00am Line Dancing<br>12:00pm Duplicate Bridge                       | 19<br>8:00am Party Bridge<br>9:00am Dominos<br>9:30am German<br>9:30am Interfaith Crafts<br>9:45am Line Dancing<br>12:30pm Hand & Foot        | 20<br>8:30am Book Club Yoga<br>9:00am Tai Chi Adv.<br>9:00am Energy Yoga<br>10:00am Interfaith Bingo | 21<br>8:00am Party Bridge<br>12:00pm Pinochle                             |
| 24<br>8:30am Dominoes<br>9:00am Adv. Spanish<br>10:30am Spanish<br>10:45am Beg. Spanish<br>10:00am Interfaith Bingo | 25<br>9:00am Tai Chi Int.<br>10:00am Tai Chi Adv.<br>10:00am Interfaith Variety Hr.<br>10:00am French<br>10:00am Line Dancing<br>12:00pm Duplicate Bridge                       | 26<br>8:00am Party Bridge<br>9:00am Dominos<br>9:30am German<br>9:30am Interfaith Crafts<br>9:45am Line Dancing<br>12:30pm Hand & Foot        | 27<br>8:30am Book Club Yoga<br>9:00am Tai Chi Adv.<br>9:00am Energy Yoga<br>10:00am Interfaith Bingo | 28<br>8:00am Party Bridge<br>12:00pm Pinochle                             |

Lunch is prepared by Meals on Wheels for those aged 60+ who reside in Montgomery County, and is served promptly at 11:30am, please arrive by 11:15am

## EVENTS

For more information regarding Senior Activities, please contact Jessica Anderson at Interfaith of The Woodlands: 281-367-1230 or [janderson@woodlandsinterfaith.org](mailto:janderson@woodlandsinterfaith.org)

