



Monday	Tuesday	Wednesday	Thursday	Friday
			8:30am Tai Chi 2 10:00am Chair Yoga with Paola -Hosted by Interfaith 12:00pm Samba Cards	9:00am Scrapbooking 3 9:30am Movie with Interfaith "Addams Family" 12:00pm Pinochle 12:00pm Party Bridge
9:00am Learn to Crochet & Knit 6 9:00am Mahjong 10:00am Bingo with Interfaith 12:30pm Bridge	10:00am Gentle Exercise with Interfaith 7 10:00am French Class 12:30pm Joy Movement	10:00am Crafts with Interfaith 8 10:00am Line Dancing 11:00am Basket Weaving 12:00pm Mahjong 12:30pm Hand & Foot Canasta	8:30am Tai Chi 9 10:00am Chair Yoga with Paola -Hosted by Interfaith 12:00pm Samba Cards	9:00am Scrapbooking 10 9:30am Movie with Interfaith "Hocus Pocus" 12:00pm Pinochle 12:00pm Party Bridge
9:00am Learn to Crochet & Knit 13 9:00am Mahjong 12:30pm Bridge	10:00am Gentle Exercise with Interfaith 14 10:00am French Class 12:30pm Joy Movement	10:00am Crafts with Interfaith 15 10:00am Line Dancing 11:00am Basket Weaving 12:00pm Mahjong 12:30pm Hand & Foot Canasta	8:30am Tai Chi 16 10:00am Gentle Exercise with Interfaith 12:00pm Samba Cards	9:00am Scrapbooking 17 12:00pm Pinochle 12:00pm Party Bridge
9:00am Learn to Crochet & Knit 20 9:00am Mahjong 10:00am Bingo with Interfaith 12:30pm Bridge	10:00am Gentle Exercise with Interfaith 21 10:00am French Class 12:30pm Joy Movement	10:00am Crafts with Interfaith 22 10:00am Line Dancing 11:00am Basket Weaving 12:00pm Mahjong 12:30pm Hand & Foot Canasta	8:30am Tai Chi 23 10:00am Chair Yoga with Paola -Hosted by Interfaith 12:00pm Samba Cards	9:00am Scrapbooking 24 12:00pm Pinochle 12:00pm Party Bridge
9:00am Learn to Crochet & Knit 27 9:00am Mahjong 10:00am Halloween Bingo with Interfaith 12:30pm Bridge	10:00am Gentle Exercise with Interfaith 28 10:00am French Class 12:30pm Joy Movement	10:00am Crafts with Interfaith 29 10:00am Line Dancing 11:00am Basket Weaving 12:00pm Mahjong 12:30pm Hand & Foot Canasta	8:30am Tai Chi 30 10:00am Chair Yoga with Paola -Hosted by Interfaith 12:00pm Samba Cards	9:00am Scrapbooking 31 12:00pm Pinochle 12:00pm Party Bridge

Important Notes

Lunch is prepared by Meals on Wheels for those aged 60+ who reside in Montgomery County and is served promptly at 11:30am. **Please arrive no later than 11:15am to sign in.**

For more information regarding Interfaith Senior Activities, please contact Deisy Isaza at (281) 367-1230.

For more information regarding the center Activities, please call at (281) 363-9410.