

# Congregate Meal Monthly Menu

# September 2024



Monday	Tuesday	Wednesday	Thursday	Friday
2  Closed for Observation of Labor Day	3 <b>Lemon Pepper Cod w/caper sauce</b> Polenta Brussel Sprouts	4 <b>White Lasagna</b> Stewed Tomatoes Spice Cake	5 <b>Sesame Chicken Salad</b> Cucumber Salad Key Lime Bars	6 <b>Stuffed Bell Pepper Casserole</b> Green Beans Congo Squares
9 <b>Shrimp Fettuccini Alfredo</b> Italian Vegetables Apple Crisp	10 <b>Mushroom &amp; Onion Burger</b> Potatoes O'Brien Peas & Carrots	11 <b>Tomatillo Enchilada Stack</b> Charro Beans Seasoned Rice	12 <b>Orzo Greek Salad</b> Broccoli Salad Fresh Fruit	13 <b>Tamale Pie</b> Green Beans Cranberry & Apples
16 <b>Sri Lankan Chicken Thighs</b> Basmati Rice Oriental Vegetables	17 <b>Meatload</b> Macaroni & Cheese Green Beans	18 <b>Pulled Pork Sandwich</b> Potato Salad Coleslaw	19 <b>Chicken Salad Sandwich</b> Coleslaw Spiced Applesauce	20 <b>Savory Sausage &amp; Grits</b> Broccoli Coffee Cake
23 <b>Meatball Hoagie</b> Sweet Potato Fries Broccoli Normandy	24 <b>Ham &amp; Scalloped Potatoes</b> Mixed Vegetables Fruit Compote	25 <b>Creamy Chicken Pesto Penne</b> Italian Vegetables Brownie	26 <b>Sun Dried Tomato &amp; Basil Pinwheel</b> Pasta Salad Cream of Carrot Soup	27 <b>Chicken Pot Pie</b> Jasmine Rice Broccoli