

Congregate Meal Monthly Menu

March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 Macaroni Salad Bean Salad Brownies	4 Sausage & Pepper Penne Italian Vegetables Chocolate Pudding	5 Biscuit & Sausage Gravy Peas & Carrots Oatmeal Bars	6 Tuna Salad Sandwich Coleslaw Carrot Cake	7 Asian Chicken Thighs Creamy Polenta Charro Beans
10 Tuscan Tortellini Soup Focaccia Brussel Sprouts	11 Cottage Pie Green Beans Congo Square	12 Tomatillo Enchilada Stack Charro Beans Carrots	13 Taco Salad Tortilla Strips Key Lime Bars	14 Ham & Scalloped Potatoes Brussel Sprouts Spice Cake
17 Red Beans & Rice Mustard Greens Brownies	18 Navy Bean & Ham Soup Tomato Focaccia Brussel Sprouts	19 Chicken Picatta Buttered Noodles Mixed Vegetables	20 Garden Salad Potato Salad Rice Krispy Treat	21 Southwestern Scramble Italian Vegetables Oatmeal Bars
24 Minestrone Garlic Focaccia Fruit Compote	25 Southwestern Meatloaf Rice Pilaf Green Beans	26 Honey Soy Pork Balls Creamy Polenta Peas & Carrots	27 Greek Orzo Pasta Salad Pea Salad Applesauce	28 White Lasagna Stewed Tomatoes Peach Crisp
31 Cheesy Beefy Mac Green Beans Congo Square				

IMPORTANT

Menu items are subject to change. Lunch is prepared by Meals on Wheels for those aged 60+ who reside in Montgomery County and is served promptly at 11:30am by Interfaith Staff. **CLIENTS MUST SIGN IN BETWEEN 11:00AM AND 11:15AM.**