


Congregate Meal Monthly Menu

February 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 White Bean Chicken Chilli Focaccia Mustard Greens	4 Ham & Scalloped Potatoes Fruit Compote Green Beans	5 Pulled Pork Sandwich Coleslaw Cheesy Penne	6 Garden Salad Pepperoni Pasta Salad Tres Leches	7 Chicken Fajita Rice Charro Beans
10 MOW Closed No Congregate Meals	11 Goulash Italian Vegetables Chocolate Pudding	12 Tuscan Chicken Thighs Risotto Brussel Sprouts	13 Tuna Salad Sandwich Pea Salad Spiced Applesauce	14 Chimichurri Chicken over Ratatouille Cheesy Shells Red Velvet Cake
17 Closed in Observation of President's Day 	18 Shrimp & Grits Peas & Carrots Oatmeal Bars	19 Pork Loin w/ Apple Chutney Mashed Potatoes Green Beans	20 Sesame Chicken Salad Broccoli Salad Key Lime Bars	21 Steak Stir Fry Oriental Vegetables Egg Drop Soup
24 Meatball Hoagie Potato Soup Squash Casserole	25 Creamy Chicken Pesto Penne Ratatouille Fruit Compote	26 Catfish w/ Caper Sauce Mushroom Risotto Mustard Greens	27 Chicken Caprese Salad Potato Salad Chocolate Pudding	28 Whole Roasted Chicken Cornbread Stuffing Broccoli Normandy

IMPORTANT

Menu items are subject to change. Lunch is prepared by Meals on Wheels for those aged 60+ who reside in Montgomery County and is served promptly at 11:30am by Interfaith Staff. **CLIENTS MUST SIGN IN BETWEEN 11:00AM AND 11:15AM.**