

September September September

South County Community Center
Senior Activities
2235 Lake Robbins Road
The Woodlands, 77381

Lunch is prepared by The Friendship Center and is served promptly at 11:30 am, please arrive by 11:15.



For more information regarding the Community Center Contact Jeanie Stewart at 281-363-9410

For activities contact Debbie Repka at drepka@woodlandsinterfaith.org or 832-615-8204

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9:00 am Tai Chi (Beg.) 10:00 am Line Dancing 12:00 pm Karaoke	2 8:00 am Party Bridge 9:30 am German 9:45 am Line Dancing 10:00 am Crafts 10:30 am Painting	3 9:00 am Adv. Tai Chi 9:30 am Energy Yoga 11:00 am Bingo	4 8:00 am Party Bridge 10:00 am Wii Sports
7 	8 9:00 am Tai Chi (Beg.) 9:30 am IF Breakfast 10:00 am Line Dancing Converse French	9 8:00 am Party Bridge 9:30 am German 9:45 am Line Dancing 10:00 am Crafts 10:30 am Painting	10 9:00 am Adv. Tai Chi 9:30 am Energy Yoga 10:00 am Blood Pressure Checks 11:00 am Bingo	11 8:00 am Party Bridge 9:30 am Chair Exercise 10:00 am Wii Sports
14 8:30 am Dominoes 9:00 am Adv. Spanish 10:30am Spanish 10:45am Beg. Spanish 11:00am Bingo	15 9:00 am Tai Chi (Beg.) 9:30 am Chair Exercise 10:00 am Line Dancing 12:00 pm Karaoke	16 8:00 am Party Bridge 9:30 am German 9:45 am Line Dancing 10:00 am Crafts 10:30 am Painting	17 9:00 am Adv. Tai Chi 9:30 am Energy Yoga 11:00 am Bingo	18 8:00 am Party Bridge 9:30 am Chair Exercise 10:00 am Movie Day
21 8:30 am Dominoes 9:00 am Adv. Spanish 10:30am Spanish 10:45am Beg. Spanish 11:00am Bingo	22 9:00 am Tai Chi (Beg.) 9:30 am Chair Exercise 10:00 am Converse French Line Dancing (Int.)	23 8:00 am Party Bridge 9:30 am German 9:45 am Line Dancing 10:00 am Crafts 10:30 am Painting	24 9:00 am Adv. Tai Chi 9:30 am Energy Yoga 11:00 am Bingo	25 8:00 am Party Bridge 9:30 am Chair Exercise 10:00 am Wii Sports
28 8:30 am Dominoes 9:00 am Adv. Spanish 10:30am Spanish 10:45am Beg. Spanish 11:00 am Bingo				