



## **VOLUNTEERING FOR IRONMAN TEXAS 2018**

3/5/2018

**Age Requirement – 14 years and up**

To register to volunteer go to:

<http://www.ironman.com/triathlon/events/americas/ironman/texas/volunteer.aspx#axzz55nem0Hs3>

**To join a team benefiting Interfaith of The Woodlands register for the following shifts:**

### **During week prior to the event**

- **Athlete Packet Stuffing**

Assist with stuffing packets and athletes' goody bags

- ***Tuesday, April 24<sup>th</sup>***
  - Athlete Packing Stuffing Shift 1 (10:00 am - 2:00 pm)
  - Athlete Packing Stuffing Shift 2 (1:00 - 5:00 pm) ***15 more volunteers needed***

- **Athlete Registration**

Distribute bags and packets with race information to athletes

- ***Wednesday, April 25<sup>th</sup>***
  - Athlete Registration Shift 1 (8:30 am - 1:30 pm) ***\*\*23 more volunteers needed***
  - Athlete Registration Shift 2 (12:15 - 5:15 pm) ***\*\*43 volunteers needed***
- ***Thursday, April 26<sup>th</sup>***
  - Athlete Registration Shift 1 (8:30 am - 1:30 pm) ***\*\*30 volunteers needed***
  - Athlete Registration Shift 2 (12:15 - 5:15 pm) ***\*\*36 volunteers needed***

- **Swim Practice**

Accept bags for check in at swim practice or check chip and bracelet at entrance to water

- ***Friday, April 27<sup>th</sup>*** (7:00 – 11:00 am)

### **Event day – Saturday, April 28<sup>th</sup>**

- **Women's Change Tent Shift**

Female volunteers needed to assist athletes as they transition from each piece of the race with gear and clothing changes

- **Must be 18 years of age**
- ***Women's Change Tent Shift 2*** (11:30 am - 5:30 pm) ***17 more volunteers needed***

If you have any questions, please contact Holly Mayer at: [hmayer@woodlandsinterfaith.org](mailto:hmayer@woodlandsinterfaith.org) or 832-615-8202.