



VOLUNTEERING FOR IRONMAN TEXAS 2018

2/7/2018

Age Requirement – 14 years and up

To register to volunteer go to:

<http://www.ironman.com/triathlon/events/americas/ironman/texas/volunteer.aspx#axzz55nem0Hs3>

Please read below for a short description of our teams. If you have any questions, please contact Holly Mayer at: hmayer@woodlandsinterfaith.org or 832-615-8202.

To join a team **benefiting Interfaith of The Woodlands** register for the following shifts:

During week prior to the event

- **Athlete Packet Stuffing**
Assist with stuffing packets and athletes' goody bags
 - **Tuesday, April 24th**
 - Athlete Packing Stuffing Shift 1 (10:00 am - 2:00 pm)
 - Athlete Packing Stuffing Shift 2 (1:00 - 5:00 pm)
- **Athlete Registration**
Distribute bags and packets with race information to athletes
 - **Wednesday, April 25th**
 - Athlete Registration Shift 1 (8:30 am - 1:30 pm) **50 volunteers needed**
 - Athlete Registration Shift 2 (12:15 - 5:15 pm) **50 volunteers needed**
 - **Thursday, April 26th**
 - Athlete Registration Shift 1 (8:30 am - 1:30 pm) **50 volunteers needed**
 - Athlete Registration Shift 2 (12:15 - 5:15 pm) **60 volunteers needed**
- **Swim Practice**
Accept bags for check in at swim practice or check chip and bracelet at entrance to water
 - **Friday, April 27th** (7:00 – 11:00 am)
- **Information Tent**
Give out local and race information to athletes and spectators
 - **Wednesday, April 25th – Saturday, April 28th** (morning, afternoon and evening shifts available)

Event day – Saturday, April 28th

- **Volunteer Tent**
Distribute food and drinks to volunteers
 - **Volunteer Tent Transition Shift 1** (7:00 - 11:00 am)
 - **Volunteer Tent Transition Shift 2** (11:00 am - 3:00 pm)
 - **Volunteer Tent Expo Shift 1** (12:30 - 4:00 pm)
 - **Volunteer Tent Expo Shift 2** (4:00 - 8:00 pm)
 - **Volunteer Tent Expo Shift 3** (8:00 - 11:00 pm)
- **Women's Change Tent Shift**
Female volunteers needed to assist athletes as they transition from each piece of the race with gear and clothing changes
 - **Must be 18 years of age**
 - **Women's Change Tent Shift 1** (6:30 - 10:00 am)
 - **Women's Change Tent Shift 2** (11:30 am - 5:30 pm)