

August



Senior Activities

South County Community Center
2235 Lake Robbins Road
The Woodlands, 77381


Lunch is prepared by Meals on Wheels and is served promptly at 11:30 am, please arrive by 11:15.

For more information regarding the Community Center Contact Jeanie Stewart at 281-363-9410



For activities contact Debbie Repka at drepka@woodlandsinterfaith.org or 832-615-8204

For Meals on Wheels Contact 936-756-5828

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9:00 am Tai Chi (Beg.) 10:00 am Converse French Line Dancing (intro) Games/Coloring Chair Exercise	2 ICE CREAM SANDWICH DAY 8:00 am Party Bridge 9:30 am Crafts German 9:45 am Line Dancing 12:30 pm Hand & Foot Canasta	3 9:00 am Adv. Tai Chi 9:30 am Energy Yoga 11:00 am Bingo 6:00 pm Senior Dance	4 8:00 am Party Bridge 10:00 am Wii Sports Games & Cards Let them Drum! 12:00 pm Double Deck Pinochle
7 8:30 am Dominoes 9:00 am Adv. Spanish 10:30am Spanish 10:45am Beg. Spanish 11:00 am Bingo	8 9:00 am Tai Chi (Beg.) 9:30 am IF Breakfast 10:00 am Converse French Line Dancing Board Games Chair Exercise	9 8:00 am Party Bridge 9:30 am Crafts German 9:45 am Line Dancing 12:30 pm Canasta	10 9:00 am Adv. Tai Chi 9:30 am Energy Yoga 11:00 am Bingo	11 8:00 am Party Bridge 10:00 am Wii Sports Games & Cards 12:00 pm Double Deck Pinochle
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