



## VOLUNTEERING FOR IRONMAN TEXAS 2017

### Age Requirement – 14 years and up

To register to volunteer go to: <https://vmodcui.active.com/volunteer/jobs?eventGroupId=590004>

Please read below for a short description of our teams. If you have any questions, please contact Holly Mayer at: [hmayer@woodlandsinterfaith.org](mailto:hmayer@woodlandsinterfaith.org) or 832-615-8202.

To join a team benefiting Interfaith of The Woodlands register for the following shifts:

- **Athlete Packet Stuffing Shifts 1 & 2** – Captain: Kathy Rifaat
  - *Tuesday, April 18th* – (10:00 a.m.-2:00 p.m. or 1:00-5:00 p.m.) – assist with stuffing packets and athletes' goody bags
- **Athlete Registration Shifts 1 & 2** – Captain: Kathy Rifaat
  - *Wednesday, April 19<sup>th</sup>* (8:30 a.m.-1:30 p.m. or 12:15-5:15 p.m.)
  - *Thursday, April 20<sup>th</sup>* (8:30 a.m.-1:30 p.m. or 12:15-5:15 p.m.) – distribute bags and packets with race information to athletes
- **Swim Practice** – Captain: Brad Finger
  - *Friday, April 21<sup>st</sup>* (7:00-11:00 a.m.) – accept bags for check in at swim practice or check chip and bracelet at entrance to water.
  
- **Information Tent** – Captain: Meaghan Jamaluddin
  - *Wednesday, April 19<sup>th</sup>– Sunday, April 23<sup>rd</sup>* – morning, afternoon, and evening shifts available – give out local and race information to athletes and spectators.
  
- **Crowd Control Areas 1, 2, 3 & 4** – Captains: Shannon Mills & Lindy Johnson
  - *Saturday, April 22<sup>nd</sup>* - help control crowds at crosswalks, allowing athletes to have the right-of-way. Strong voice, polite, and in control!
    - Crowd Control Area 1 (6:00-10:30 a.m.)
    - Crowd Control Area 2 (10:30 a.m.-3:00 p.m.)
    - Crowd Control Area 3 (3:00-7:30 p.m.)
    - Crowd Control Area 4 (7:30-11:45 p.m.)
- **Volunteer Tent Areas 1 & 2** – Captains: Rachel Ray
  - *Saturday, April 22<sup>nd</sup>* – distribute food and drinks for volunteers
    - *Volunteer Tent Transition Shifts 1 & 2* (7:00-10:00 a.m. or 10:00 a.m.-4:00 p.m.)
    - *Volunteer Tent Expo Shifts 1 & 2* (10:00 a.m.-4:00 p.m. or 4:00-11:00 p.m.)
- **Women's Change Tent Shifts 1 & 2** – Captain: Chelsey Wright
  - *Saturday, April 22<sup>nd</sup>* – female volunteers needed to assist athletes as they transition from each piece of the race with gear and clothing changes
    - Women's Change Tent Shift 1 (6:30-10:00 a.m.)
    - Women's Change Tent Shift 2 (11:30 a.m.-5:30 p.m.)
  
- **Early Registration (Sunday)** – Captain: Holly Mayer
  - *Sunday, April 23<sup>rd</sup>* (7:00-10:00 a.m.) – assist with registration for volunteers wanting to participate in Ironman 2018